

# STEPHEN MINISTRY *by the* NUMBERS

## Ames Catholic Community

As of June 1, 2023

*Stephen Ministers are servants of Jesus, trained to provide personal and confidential support for people who are facing life's challenges.*

21

Since enrollment, we have sent **21** members to be trained as Stephen Leaders at regional training conferences. **8** currently serve in this capacity.

Stephen Ministers have completed a total of **111** caring relationships. Presently, there are **19** Stephen Ministers in ongoing caring relationships.

111/  
19

To learn more about our Stephen Ministry, email us at [stcomesstephenministry@gmail.com](mailto:stcomesstephenministry@gmail.com)

Since  
2012

The Ames Catholic Community Stephen Ministry began at St. Cecilia Parish in April **2012**. St. Thomas Aquinas Parish (in **2014**) and Sts Peter and Paul Parish, Gilbert, (in **2017**) joined this ministry.



This past year, we sent a set of Stephen Ministry Grief Booklets to **17** parishioners who had a loved one pass away. The set includes 4 booklets that are given throughout the first year of a person's death.

17

98/33

Our Stephen Leaders have trained **98** lay Stephen Ministers to provide high-quality, one-on-one, confidential Christian care to hurting people in our parishes and the Ames community. **33** are currently serving in this capacity.

With a minimum of a two-year commitment, Stephen Ministers complete **50** hours of training and once active in the ministry, they meet twice monthly for continuing education and peer supervision.

50

Contact one of our Stephen Leaders:

**Cindy Hauber -- 515-291-0250**  
**Tonya Meyer -- 515-290-9051**  
**Anne Schmitt -- 515-291-8257**  
**Mary Lynch -- 515-441-0563**