



Neighbors Help Neighbors **during the covid-19 pandemic**

Do you know someone concerned with shopping for supplies during the COVID-19 pandemic because they are in a high risk category or have underlying health issues? If so, there is a group volunteering to help shop for and deliver supplies. Simply send an e-mail to this address jcdhelp@gmail.com and they will try to connect you or a friend with a volunteer. Please use the e-mail if possible, but if you do not have e-mail available, you can also call or text the following number: 515-450-6050.